



Sheraton Cascais Resort

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EXPLORE

Soak up the sun rays and beach vibes of upscale Cascais at Sheraton Cascais Resort. Located in the village's most luxurious area, the Resort is the perfect point to discover Cascais' world-class - but totally under the radar - beaches, the UNESCO World Heritage sites of Sintra, two of Europe's best golf courses within walking distance and some of the best fish and seafood our planet has to offer.

Essential locations within the area include:

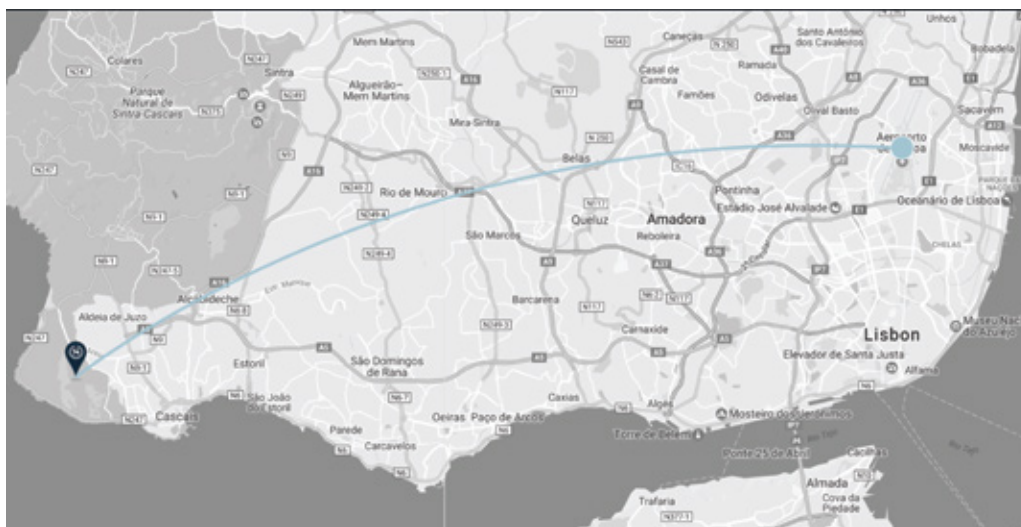
- Guincho Beach
- Boca do Inferno
- Cabo da Roca
- Pena Palace
- Cascais Village Centre
- Oitavos Golf Course

EXPERIENCE

Relax amidst lush green gardens and sweeping mountain views from the comfort of Sheraton Cascais Resort, located in the luxurious and exclusive Quinta da Marinha. Stay fit at our state-of-the-art Sheraton Fitness, rejuvenate in our Serenity Spa or work smart with Wi-Fi and dynamic meeting spaces. After a long day of exploring, savor a new twist on local cuisine and the freshest fish and seafood at the Resort's GlassTerrace restaurant.

STAY

With 156 rooms and suites, Sheraton Cascais Resort is the ideal destination for every occasion, from family getaways to business stays. Recharge in our signature bed after your travels.



Sheraton[®]
CASCAIS RESORT



Rooms & Suites

44 DELUXE ROOMS (32 - 43 m² / 344 - 463 ft²)

Featuring contemporary décor using top quality materials and a balcony or terrace overlooking the garden. Equipped with a kitchenette.

73 DELUXE SUITES (53 - 73 m² / 570 - 786 ft²)

Offering extra space in the living-room and a kitchen, our suites are the perfect balance of comfort and functionality. Balconies or garden access.

20 TWO-BEDROOM SUITES (111 - 134 m² / 1195 - 1442 ft²)

An open-plan living room and dining-room. Extra-large balconies in every room enhance the interior space. A kitchen equipped to the smallest detail meets any family's requirements.

8 THREE-BEDROOM SUITES (189 - 207 m² / 2034 - 2228 ft²)

Combining space and luxury, creates the perfect accommodation for families with all the necessary facilities. Fully equipped kitchen. Spacious living room and dining areas.

1 PANORAMIC SUITE (119 m² / 1281 ft²)

This impressive suite can accommodate six people and offers a magnificent panoramic rooftop terrace with a hot tub, plus a separate spacious living room with sofa bed and fully-equipped kitchen.

10 PREMIUM THREE AND FOUR BEDROOM RESIDENCES (189 - 207 m² / 2034 - 2228 ft²)

Spacious and exquisitely decorated, the premium residences (eight T3 and two T4) at Sheraton Cascais Resort can comfortably accommodate 7 to 9 guests. Newly renovated in August 2017, they are furnished according to the latest brand design guidelines from Marriott International. Each apartment also features a modern bathroom and a fully equipped kitchen, which comes with all the necessary utensils for guests to prepare their meals, while also boasting private gardens or verandas guaranteeing maximum privacy and enjoyment. Areas range from 180 to 210 m², which guarantee ample living and sleeping areas, for maximum comfort no matter the length of stay.





Facilities

RESTAURANTS & BARS

Sheraton Cascais Resort features a signature restaurant and two bars.

Glass Terrace Restaurant: Offering garden views and Mediterranean cuisine, Glass Terrace Restaurant is bathed in natural light throughout the day and beautifully illuminated at night.

Pool Bar: Surrounded by tall pine trees, the Pool Bar offers quick bites, such as light salads and sandwiches, signature cocktails and natural fruit juices.

Kimya: Kimya is first and foremost, a gastrobar – where talented mixologists create signature cocktails based on the chemical elements and mixology principles. A stylish and contemporary open kitchen is situated next to the bar where guests can enjoy a unique experimentation menu of small dishes which have been developed to perfectly pair with the inspired cocktails created by the head mixologist.

RECREATIONAL FACILITIES

Sheraton Cascais Resort's offers excellent leisure facilities within a serene environment, from the world-class Serenity, The Art of Well Being Spa to Sheraton Fitness and an outdoor swimming pool. The Resort is also surrounded by seven of Portugal's top golf courses, all within a 30-minute drive, making it a perfect location for golfers. The resort's leisure facilities and activities include:

Serenity, The Art of Well Being Spa

Sheraton Fitness Centre

Heated and non-heated outdoor swimming pool

Bicycles for hire

Private shuttle service

Tennis courts

Padel courts

Horse-riding

EVENTS, CONFERENCE AND BUSINESS FACILITIES

Multifunctional rooms that can welcome groups of up to 150 guests.

Some suites can be converted into breakout rooms suitable for small meetings.

Two underground car-parks.

Immaculate gardens create the perfect setting for weddings or a special event.

AWARDS AND ACCOLADES

International Hotel Awards 2015: Best Resort Hotel Portugal

International Hotel Awards 2015: Best Safe Hotel Portugal

International Hotel Awards 2016: Best Resort Hotel Portugal

Luxury Travel Guide Awards 2017: Contemporary Luxury Hotel



Serenity Spa

THE ART OF WELL-BEING

Serenity 'The Art of Well Being' at Sheraton Cascais Resort is dedicated to providing memorable experiences, perfect environments and alternative options that will improve guests' health and wellbeing. Surrounded by a zen indoor garden, Serenity is the perfect location to head to, whether you're looking for some pampering time or to sample some of the best revitalising, energetic or relaxing Spa treatments, curated especially for you by the Serenity team.

Dive into local culture with our signature Essence of Cascais treatment, that delves into the heart of the region, extracting its most rewarding benefits, from the mountains of Sintra to the stretches of sand in Guincho Beach, and take your time in our relaxation room, with panoramic windows overlooking the garden and a revitalising cup of tea.

Sheraton is committed to helping guests maintain their fitness routines while on the road. Sheraton Fitness fuels fast and focused workouts, delivering maximum results in minimum time. With Wi-Fi, around-the-clock access and cutting-edge equipment, guests can customize their workout to their day and their stay. With panoramic windows overlooking the winter gardens, that fill the space with natural light, Sheraton Fitness is open 24h, and is of free access to all resort guests.





ROOMS - CONFIGURATIONS AND CAPACITIES

ROOM	THEATRE	SCHOOL	U SHAPE	CABARET	COCKTAIL	BANQUET	BUFFET	BOARDROOM
Individual Rooms								
Sintra	36	36	21	18	40	30	30	--
Estoril	36	36	21	18	40	30	30	--
Cascais I	21	21	15	12	30	20	30	--
Cascais II	36	36	21	18	40	30	30	--
Grouped Rooms								
Guincho (Sintra + Estoril + Cascais II)	150	120	39	64	120	120	120	--
Sintra + Estoril	80	60	27	36	100	60	50	--
Cascais I + Cascais II	84	60	39	36	80	60	50	--
Breakouts								
1 (5 Rooms)	24	18	9	12	30	20	20	--
2 (5 Rooms)	36	30	21	18	40	30	30	--
VIP	15	12	14	12	20	20	20	--
Boardrooms								
Acqua	--	--	--	--	--	--	--	16
Fusion	--	--	--	--	--	--	--	18
Glass Terrace								
Interior	--	--	--	--	--	60	50	--
Interior + Exterior	--	--	--	--	--	154	132	--

ROOM	AREA (m2/ft2)	HEIGHT (m2/ft2)	WIDTH (m2/ft2)	LENGTH (m2/ft2)	NATURAL LIGHT
Individual Rooms					
Sintra	44 m2/474 ft2	3.6m2/ 30 ft2	4.66m2/50 ft2	8.70m2/94 ft2	Yes
Estoril	44m2/ 474 ft2	3.6 m2/39 ft2	4.62 m2/50 ft2	8.70 m2/94 ft2	Yes
Cascais I	32m2/344 ft2	3.6m2/39 ft2	4.62m2/50 ft2	6.25m2/67 ft2	Yes
Cascais II	42 m2/452 ft2	3.6m2/39 ft2	4.62m2/50 ft2	8.76m2/94 ft2	Yes
Grouped Rooms					
Guincho (Sintra + Estoril + Cascais II)	162 m2/1744 ft2	3.6m2/39ft2	14.23m2/153 ft2	15.11m2/163 ft2	Yes
Sintra + Estoril	88m2/948 ft2	3.6m2/39 ft2	9.42m2/101 ft2	8.70m2/94ft2	Yes
Cascais I + Cascais II	74m2/796 ft2	3.6m2/39ft2	9.24m2/99ft2	15m2/161 ft2	Yes
Breakouts					
1 (5 Rooms)	32 m2/344ft2	2.7m2/29 ft2			Yes
2 (5 Rooms)	52m2/560ft	2.7m2/29ft2			Yes
VIP	37m2/398 ft2	2.7m2/29ft2			Yes
Boardrooms					
Acqua	28 m2/301 ft2	2.4m2/26 ft2	4 m2/43 ft2	7m2/75 ft2	Yes
Fusion	33m2/355 ft2	2.4m2/26 ft2	4.7m2/51 ft2	7m2/75 ft2	Yes
Glass Terrace					
Interior	95m2/1023ft2				Yes
Interior + Exterior	205m2/2207ft2				Yes